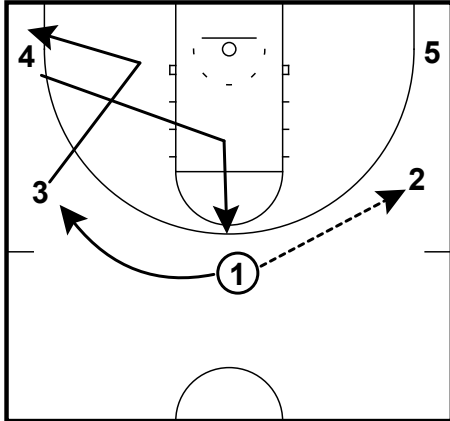


5-Out Zone Continuity Offense
("cutters")
Randy Sherman



Begin in five-out alignment

Rule: when you pass from point to wing you flare away

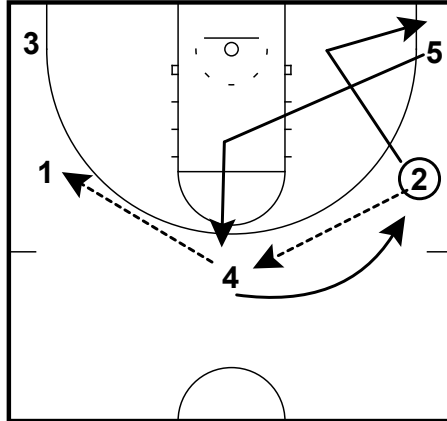
1 passes to 2 and flares away

Rule: when the ball is passed from point to wing, the player in the opposite corner flares

4 flares to soft spot looking for ball, if they don't get it they fill the top

3 cuts to the backside short corner and holds there so long as the opposite wing has the ball, then cuts to corner

5-Out Zone Continuity Offense
("cutters")
Randy Sherman



2 passes to 4

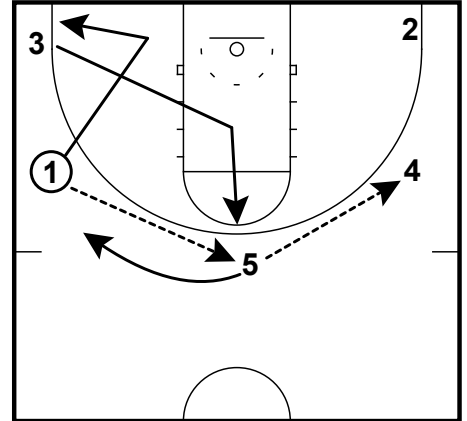
Rule: when the ball is at the point, the team is 5-out

4 reverses to 1 then flares away

5 flares to soft spot looking for ball, when covered he/she fills to top of circle

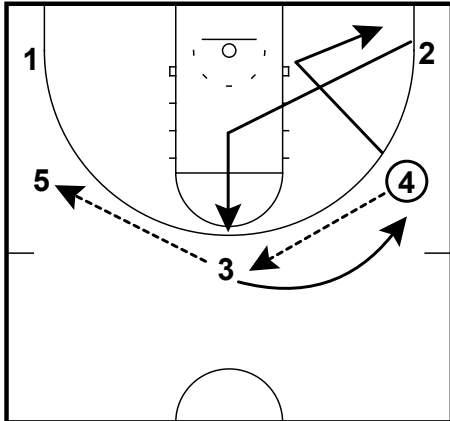
2 cuts to the backside short corner and holds there so long as the opposite wing has the ball, then cuts to corner. (5-out)

5-Out Zone Continuity Offense
("cutters")
Randy Sherman



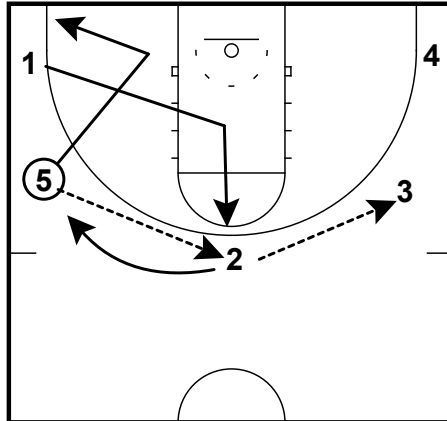
repeat action

5-Out Zone Continuity Offense
("cutters")
Randy Sherman



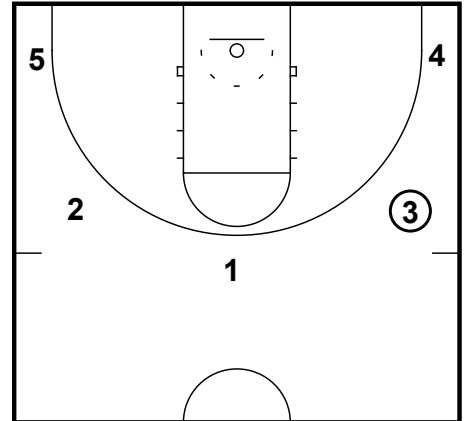
repeat action

5-Out Zone Continuity Offense
("cutters")
Randy Sherman



repeat action

5-Out Zone Continuity Offense
("cutters")
Randy Sherman



repeat action