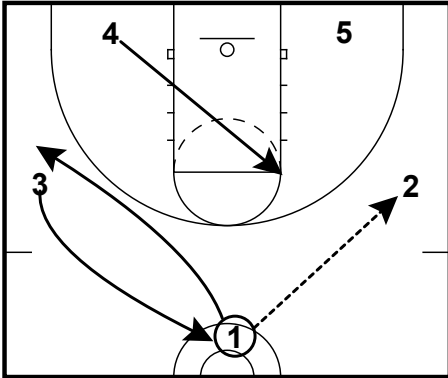


X Zone Offense

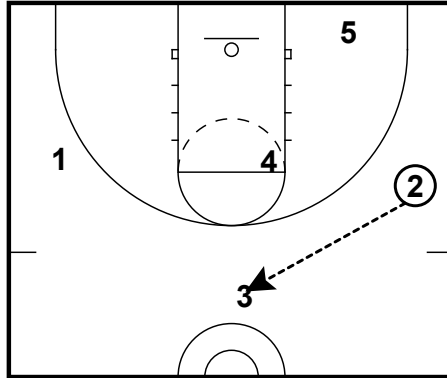
All Teams

X Zone Offense
Zone Offense



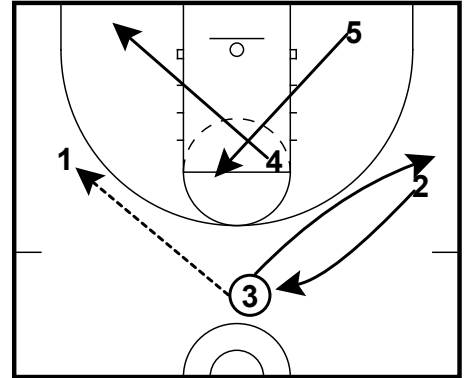
On pass to wing, the weak side wing and top will interchange. The player in the short corner will flash to high post.

X Zone Offense
Zone Offense



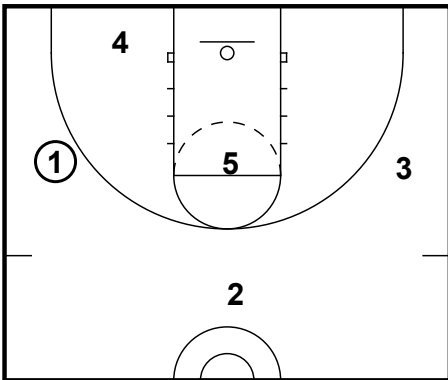
2 should be looking to hit 4 or 5 in short corner. If 2 can't get 4 or 5, reverse the ball to 3 at the top.

X Zone Offense
Zone Offense



On flight of ball from 3 to 1, 4 will shift back to short corner and 5 will flash to high post. 3 and 2 will now interchange.

X Zone Offense
Zone Offense



From here you keep reversing the ball quickly and eventually you'll get an opportunity to get the ball short corner or into the high post.