Princeton - Spacing Template

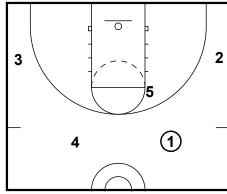
All Teams

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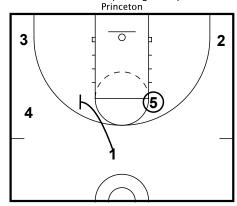
4 perimeter players, 1 interior player. The four perimeter players will try to space 16–18 feet apart. Perimeter players on the wings will initially start a step or two below the FT Line extended.

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The interior player can occupy the low post or the high post.

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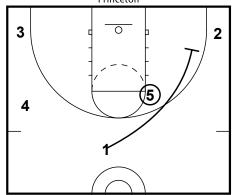
When the ball is in the pinch post, you should see a single side on the "ball-side" and a two side on the weak side.

In this example, 1 would be sprinting into either "elbow" split screen with 4 or "same" split screen with 2.

Key is sprinting into your screens.

Elbow split screens should be set one step off the lane line.

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Same split screens should be set with the screeners butt pointed at the ball (10 & 2 as if driving a car).